

# The CPD programme for SAMJ is administered by Medical Practice Consulting: CPD questionnaires must be completed online at www.mpconsulting.co.za

#### True (A) or false (B):

# Evaluating the iPhone as a screening tool for hearing loss in the developing world

- 1. The elderly and patients receiving potentially ototoxic medication (chemotherapeutic agents, second-line antituberculosis regimens and antiretroviral therapy) are at high risk of developing deafness.
- Presbycusis (adult-onset hearing loss) is generally predominantly high frequency and sensorineural.
- Elderly persons with hearing loss are more likely to develop cognitive impairment and dementia than their contemporaries without hearing loss.

## Severe blunt thoracic trauma: Differences between adults and children

- 4. In a study of patients admitted to a trauma intensive care unit, the majority of injuries in the 5 14-year age group had occurred in pedestrian motor vehicle collisions.
- The incidence of pulmonary contusion in the above study was lowest in the paediatric group, as a result of their more elastic chest walls
- Children are more likely than adults to sustain head injury together with their thoracic trauma, because of their proportionally larger head to thoracic ratio.

# Regulation of HIV receptor expression in cervical epithelial cells by Gram-negative bacterial lipopolysaccharide

 Sexually transmitted infections caused by the Gram-negative bacteria *Chlamydia trachomatis* and *Neisseria gonorrhoeae* are associated with an increased risk of HIV acquisition in South African (SA) women.

# The Vaccine and Cervical Cancer Screen (VACCS) project: Acceptance of human papillomavirus (HPV) vaccination in a school-based programme

- 8. Persistent infection with oncogenic HPV is an essential step in the development of invasive cervical cancer.
- 9. While HPV is highly infectious, it does not cause disease in all cases, with most individuals clearing infections.
- 10. This implementation project in SA schools demonstrated that HPV vaccination is practical and safe.

#### SA food allergy consensus document 2014

- Between 1% and 6% of people who think they have a food allergy test positive.
- Food allergy peaks in the first 2 years of life, but then diminishes towards late childhood as tolerance to several foods develops over time.

#### Exclusion diets and challenges in the diagnosis of food allergy

13. Exclusion diets are an important diagnostic tool when there is no clear relationship between ingestion of food and symptoms.

#### Epidemiology of IgE-mediated food allergy

- 14. Cow's milk protein allergy peaks in the first year of life.
- 15. Two-thirds (66%) of children outgrow egg allergy by the age of 5 years.

## Diagnosis of food allergy: History, examination and in vivo and in vitro tests

- 16. A detailed history is the first step in diagnosis of food allergy.
- 17. A reactive skin-prick test can be regarded as diagnostic.

## Elimination diets and dietary interventions for the management of food allergies

18. Food allergy may be the cause of faltering growth in young children.

## Severe food allergy and anaphylaxis: Treatment, risk assessment and risk reduction

19. The drug of choice for treatment of anaphylaxis is intravenous glucocorticoid.

#### Vaccination in food allergic patients

 The incidence of vaccine anaphylaxis is less than 1 per million for all vaccines.

CPD questions include articles from CME.
The full versions of each article can be found on the SAMJ website (http://www.samj.org.za)

A maximum of 3 CEUs will be awarded per correctly completed test.

#### **INSTRUCTIONS**

1. Read the journal. All the answers will be found there. 2. Go to www.mpconsulting.co.za to answer the questions.

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