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ISSN 0256-9574 Publisher Website: www.hmpg.co.za Journal Website: www.samj.org.za



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South African recommendations for the management of rheumatoid arthritis: An algorithm for the standard of care in 2013

B Hodkinson, *E* van Duuren, *C* Pettipher, *A* A Kalla on behalf of the South African Rheumatism and Arthritis Association (SARAA)



Corals that form reefs are largely restricted to tropical waters, where water clarity and temperatures are high. Each colony consists of numerous tiny anemone-like polyps that produce a hard limestone skeleton. Detailed examination of this is necessary to distinguish different species. In the process, a new world of microscopic beauty is revealed, as shown here by the skeleton of a species of Favites. The tissues of most corals contain microscopic single-celled algae (zooxanthellae) that gain fertilising nitrogen from the corals; in return, they supply food and assist with the process of building the skeleton. If temperatures become too high, corals lose their zooxanthellae and bleach – a symptom of global warming that threatens coral reefs.

Photo and text: George Branch Email: mbranch@mweb.co.za

Contents listed in

Index Medicus (Medline). Excerpta Medica (EMBASE). Biological Abstracts (BIOSIS). Science Citation Index (SciSearch). Current Contents/Clinical Medicine Unless otherwise stated, opinions expressed in the editorial columns of the SAMJ should not be taken as reflecting official South African Medical Association policy. The appearance of advertising in the

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Subscription rates

Local subscriptions R1 044.00 p.a.

Foreign subscriptions R2 352.00 p.a. Single copies R95.00

Members of the Association receive the *SAMJ* only on request, as part of their membership benefit.

Subscriptions: Tel. (012) 481-2071 E-mail: members@samedical.org

The SAMJ is published monthly by the Health and Medical Publishing Group (Pty) Ltd, Co. registration 2004/0220 32/07,

a subsidiary of SAMA.

28 Main Road (Cnr Devonshire Hill Road), Rondebosch, 7700

Tel. (021) 681-7200. E-mail: publishing@hmpg.co.za Website: www.samedical.org

Please submit all letters and articles for publication online at www.samj.org.za

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