CPD questionnaires must be completed online via www.cpdjournals.org.za. After submission you can check the answers and print your certificate. Questions may be answered up to 6 months after publication of each issue.

- 1. True (A) or false (B) click on the correct answer:

  In South Africa stroke is the third most common cause of death.
- 2. True (A) or false (B) click on the correct answer: The age-standardised mortality for stroke for males and females in 2000 was 0.25 per 100 000.
- 3. True (A) or false (B) click on the correct answer: Black women had the highest mortality rate from stroke.
- 4. True (A) or false (B) click on the correct answer: Stroke is the most common cause of death of people over the age of 50 years in South Africa.
- 5. True (A) or false (B) click on the correct answer: Stroke prevalence is probably higher in rural areas.
- 6. True (A) or false (B) click on the correct answer: There are two kinds of stroke: ischaemic stroke and cerebral haemorrhage.
- 7. True (A) or false (B) click on the correct answer: Cerebral haemorrhage is the commonest kind of stroke.
- 8. True (A) or false (B) click on the correct answer: Smoking approximately doubles the risk of ischaemic stroke compared with non-smokers.
- 9. True (A) or false (B) click on the correct answer:
  Aspirin started within 48 hours of ischaemic stroke results in a modest net benefit with fewer recurrent strokes.
- 10. True (A) or false (B) click on the correct answer: The commonest medical complication in pregnancy is the hypertensive disorders of pregnancy.
- $11. \ \, \text{True (A) or false (B) click on the correct answer:} \\ \textbf{Unfortunately maternal deaths in South Africa are not notifiable to the Department of Health.}$

- 12. True (A) or false (B) click on the correct answer: Eclampsia accounts for most maternal deaths in South Africa.
- 13. True (A) or false (B) click on the correct answer: A very small proportion of deaths occur in the postpartum period.
- 14. True (A) or false (B) click on the correct answer: Intracranial haemorrhage remains the commonest cause of death in hypertensive disease of pregnancy.
- 15. True (A) or false (B) click on the correct answer: Gastro-intestinal cytomegalovirus disease in humans manifests only as proctitis.
- 16. Which of the following is NOT a risk factor for the development of pterygium:
- a) Ultraviolet radiation
- b) Genetic predisposition
- c) Dry eyes
- d) Flatulence
- e) Chronic micro-trauma caused by cigarette smoke, etc.
- 17. True (A) or false (B) click on the correct answer: Heliotherapy (the medicinal use of natural sunlight) has been practised only in the last 5 years.
- 18. True (A) or false (B) click on the correct answer: The main indication for heliotherapy is psoriasis.
- 19. True (A) or false (B) click on the correct answer: *Helicobacter pylori* is one of the most frequent chronic bacterial infections in humans.
- 20. True (A) or false (B) click on the correct answer: *H. pylori* is the main cause of at least 90% of duodenal ulcers and 70% of gastric ulcers in Africa.

## INSTRUCTIONS

- 1. Read the journal. All the answers will be found there.
- 2. Go to www.cpdjournals.org.za to answer the questions.

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