

## QUESTIONS DECEMBER 2009

CPD questionnaires must be completed online via [www.cpdjournals.org.za](http://www.cpdjournals.org.za). After submission you can check the answers and print your certificate. Questions may be answered up to 6 months after publication of each issue.

1. True (A) or false (B) – click on the correct answer:  
**Asthma is extremely rare in childhood.**
2. True (A) or false (B) – click on the correct answer:  
**Asthma is the most common chronic childhood disease.**
3. True (A) or false (B) – click on the correct answer:  
**Asthma typically begins in middle age.**
4. True (A) or false (B) – click on the correct answer:  
**Cough variant asthma is rare and presents with cough and no wheeze.**
5. Which of the following is FALSE? The differential diagnosis of asthma in children older than 5 years includes:
  - a) **Hyperventilation syndrome**
  - b) **Vocal cord dysfunction**
  - c) **Halitosis**
  - d) **Non-respiratory cause of symptoms**
  - e) **Other forms of obstructive lung disease.**
6. True (A) or false (B) – click on the correct answer:  
**Exercise-induced cough or wheeze are features suggestive of asthma in children <5 years.**
7. True (A) or false (B) – click on the correct answer:  
**A metered dose inhaler with spacer is preferable to nebulised therapy.**
8. True (A) or false (B) – click on the correct answer:  
**Because of the difficulty of swallowing, intramuscular injection of medication is the preferred route for asthma medication in children.**
9. True (A) or false (B) – click on the correct answer:  
**Inhaled corticosteroids (ICSs) are the most effective medication for controlling asthma symptoms.**
10. True (A) or false (B) – click on the correct answer:  
**Most ICSs should be given twice daily.**
11. True (A) or false (B) – click on the correct answer:  
**Globally, caesarean section (SC) rates are on the decline.**
12. True (A) or false (B) – click on the correct answer:  
**Indications for an elective CS are clear cut and globally practised.**
13. True (A) or false (B) – click on the correct answer:  
**CS babies have at least 5 times higher requirements for ventilator support.**
14. True (A) or false (B) – click on the correct answer:  
**Compared with vaginal deliveries, there is an increased likelihood of delivery room morbidity associated with elective CS at or near term.**
15. True (A) or false (B) – click on the correct answer:  
**The timing of elective CS influences the risk of pneumothorax.**
16. True (A) or false (B) – click on the correct answer:  
**Long-term effects following CS are increasingly reported.**
17. True (A) or false (B) – click on the correct answer:  
**CS-delivered infants have increased catecholamine levels compared with infants delivered vaginally.**
18. True (A) or false (B) – click on the correct answer:  
**Children born by CS have a higher risk of asthma than those born vaginally.**
19. True (A) or false (B) – click on the correct answer:  
**All types of glass exhibit the same degree of opacity in soft tissues on conventional X-rays.**
20. True (A) or false (B) – click on the correct answer:  
**The causation of anaemia in developing countries is multifactorial.**

### INSTRUCTIONS

1. Read the journal. All the answers will be found there.
2. Go to [www.cpdjournals.org.za](http://www.cpdjournals.org.za) to answer the questions.

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