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Editor

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Assistant Editor

EMMA BUCHANAN

Technical Editors

MARIJKE MAREE ROBERT MATZDORFF

PAULA VAN DER BIJL

News Editor

CHRIS BATEMAN

Tel. (021) 681-7200

Head of Publishing

ROBERT ARENDSE Production Co-ordinator

EMMA COUZENS

Professional Advertising

BELINDA DOYLE

Tel. (021) 681-7200

E-mail: belinda@hmpg.co.za

Art Director

SIOBHAN TILLEMANS

DTP & Design

TRAVIS ARENDSE

CLINTON GRIFFIN TARIQ CASSIM

Typesetting GERTRUDE FANI

Distribution Manager

EDWARD MACDONALD

Advertising Enquiries

SALES DIRECTOR: DAVID ITZKIN

Tel. (021) 681-7200 SALES MANAGER: DIANE SMITH

Tel. (012) 481-2069

Sales Team

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Sid Cywes writes: Disa uniflora, known as the 'Pride of Table Mountain', is the flagship genus of South African orchids and is only found in the mountains of the Western Cape. It also serves as the emblem of the Western Province Rugby Club.

Jon Ray, an English priest and later a lecturer at Cambridge, was first to describe it as Orchis Africana flore singulare herbaceo in 1704. In 1747 Jan Ange collected some specimens that were sent to botanists in Europe by Governor Ryk Tulbagh. In 1767 Professor Bergius of Stockholm coined the generic name Disa and called the specimen Disa uniflora as it only had one flower. Today Disa uniflora is grown successfully in cultivation in many countries and used extensively in hybridisation.

Photo: Sebastian van As



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E-mail: members@samedical.org

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