# Lessons learnt during the national introduction of human papillomavirus (HPV) vaccination programmes in 6 African countries: Stakeholders' perspectives

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**Background.** Infection with human papillomavirus (HPV) significantly increases the risk of developing cervical cancer later in life. Therefore, globally, HPV vaccines targeted to pre-adolescent and adolescent girls have been on the rise since the licensure in 2006. However, the introduction of HPV vaccines has been relatively slow in Africa. At the end of 2016, only 8 of the 54 countries in Africa were reported to have introduced HPV vaccination at a national level. By 2019, the number of countries had grown marginally to 11.

Objectives. To investigate stakeholders' perspectives on the experiences, challenges and lessons learnt during national HPV vaccine introduction in Africa

Methods. A questionnaire was administered to selected participants from 8 African countries. These countries had successfully introduced HPV vaccination at a national level by the end of 2016. We used in-depth interviews and self-administered online questionnaires for data collection and analysis. Data are presented without naming the country or participants; therefore, readers will not be able to identify the results that are specific to individual countries. Narrative and thematic reporting were used to describe the results.

**Results.** We obtained results from 6 of the 8 targeted countries. The challenges reported during HPV vaccination programmes were: identifying the target population, using a school-based vaccine-delivery strategy, obtaining political support, the need to integrate HPV vaccination with existing school health programmes and engaging multiple stakeholders. These challenges were similar in all 6 countries. The lessons learnt were that a school-based delivery strategy is a successful approach for national HPV vaccination, and that identifying girls for vaccination at schools was less challenging if implemented through a class-based instead of an age-based approach.

Conclusions. Most African countries do not have established platforms to deliver vaccines to pre-adolescent and adolescent populations. The successful introduction of the HPV vaccine through school-based vaccination strategies in African countries may have created a platform to deliver other adolescent vaccines. The similarity of the study findings across the 6 participating countries further strengthens the need to document and disseminate the challenges and lessons learnt during HPV vaccine introduction in Africa. Documentation and dissemination of the challenges and lessons learnt are useful to other countries in Africa that plan to introduce an HPV vaccination programme, and possibly other adolescent vaccines.

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Immunisation programmes play a critical role in the advancement of the public health of communities. Timely and high-quality evidence-informed immunisation policies are critical to strengthen immunisation programmes. Therefore, implementation of global, regional and national immunisation policies plays an important role in combating the burden of vaccine-preventable diseases (VPDs).<sup>[1]</sup> An important policy strategy to combat VPDs in many countries is the strengthening of the Expanded Programme on Immunisation (EPI) and the introduction of new vaccines. African countries routinely lag behind high-income countries in the introduction of new vaccines.[2] It is therefore not surprising that in 2016, 10 years after human papillomavirus (HPV) vaccine licensure, only a handful of African countries had introduced the vaccine.[3] We conducted a case study to document the experiences and perspectives of key stakeholders during the national HPV vaccine introduction by a few African countries.

Although the EPI mainly targets children, adolescents are a new target population for vaccination. [4] Because the EPI focuses on children, structured delivery of immunisation services to adolescents is suboptimal in many African countries. [5] New vaccines that target adolescents, e.g. against HPV, are now available. [6] Therefore, there is a need to expand the delivery of immunisation services to adolescents in all settings.

African countries are recording a more rapid increase in the number of adolescents than countries on other continents. <sup>[7]</sup> Therefore, African policymakers should give HPV immunisation the attention it deserves. There is evidence of the benefits of vaccinating adolescents, which include boosting of the waning immunity induced during childhood. <sup>[8,9]</sup> Furthermore, initiatives on immunisation, such as the Global Immunisation Vision and Strategy (GIVS), Global Vaccine Action Plan (GVAP) and Sustainable Development Goals (SDGs), all supported the call to extend immunisation services to

adolescents.[10-12] Therefore, Africa will need to invest more resources and develop national immunisation policies that specifically target adolescents.

Adolescents are infected with HPV through sexual activity. Following HPV infection, there is an increased risk of developing cervical cancer later in life.[13] Therefore, a preventive strategy against HPV infection aims to vaccinate adolescents before sexual debut. Moreover, adolescents are at an increased risk of HIV infection. HIVinfected men and men who have sex with men have an increased risk of anal, penile and throat cancers associated with HPV infection.[14] Worryingly, sub-Saharan Africa and Asia have the highest number of HIV-positive adolescents. [15] Therefore, HPV vaccination policies in Africa should be given due attention to facilitate the introduction of the HPV vaccine that targets adolescents.

Slow uptake of new vaccines in Africa is well documented and HPV vaccine is not an exception. [16] Girls aged 9 - 13 years are the primary target group for HPV vaccination. [17] The rationale for the target age group is prior onset of sexual activity and, therefore, vaccination before infection with the virus. [18,19] Despite the HPV vaccine's proven safety, efficacy and cost-effectiveness, only 8 African countries had reported HPV vaccine introduction at a national level by the end of 2016.[20] These were Libya, Lesotho, Rwanda, Uganda, South Africa (SA), Botswana, Mauritius and Seychelles. [20] By December 2018, 3 additional countries, i.e. Senegal, Zimbabwe and Tanzania, reported implementation of a national vaccination programme against HPV.[21-23] The delay in HPV vaccine introduction in African countries could be due to many reasons, such as the current state of the EPI and health systems, resource limitations and absence of adolescent immunisation programmes. [24] In this study, we evaluated the stakeholders' perspectives on national implementation of a vaccination programme against HPV by 6 African countries.

Specific issues of HPV vaccination delivery include a new target population, costs of the vaccine, most optimal delivery strategy and advocacy.[18] The national departments of health, funding and implementation partners all play a crucial role in the introduction of new vaccines. We are aware of other studies that have documented experiences and guidelines on HPV vaccine introduction in many settings. [25-28] Our study is unique, as we purposefully selected the only African countries that had nationally introduced HPV vaccines during the study period (2015 - 2016). Also, we purposively selected key stakeholders involved in the roll-out of the HPV immunisation programme from the 6 participating countries. The selected key stakeholders had a broader and high-level view of the programme. Our study findings add more context-specific knowledge that is useful to other countries planning to nationally introduce HPV vaccines in Africa.

#### **Objectives**

To investigate stakeholders' perspectives during national HPV vaccine introduction by African countries.

#### Methods

#### Study design and period

We conducted a cross-sectional study between 2015 and 2016. Mixed methods (quantitative and qualitative) were used for data collection and reporting.

## **Inclusion criteria**

The inclusion criteria comprised all countries in Africa that had implemented national HPV vaccination programmes in 2016.

#### Sample size

This was not a hypothesis testing study. Hence, we did not calculate the required sample size. Our target sample size included all countries in Africa with national HPV vaccination programmes in 2016. From the 8 African countries that had implemented such a programme, one key representative (convenient sampling) was invited to participate.

#### Recruitment of stakeholders

In November 2015, we identified and invited key stakeholders representing 5 countries known to have introduced the HPV vaccine nationally as per the Global Alliance for Vaccines and Immunisation (GAVI) website (https://www.gavi.org/). GAVI supports the financing of the HPV vaccine. In November 2016, we invited key stakeholders representing 3 additional countries that had nationally introduced HPV vaccination in 2016. The selection of stakeholders was done through referral sampling (contacts from academics, implementing agencies and governments). Key stakeholders were defined as members of the National Immunization Technical Advisory Group (NITAG), senior officials from the departments of health at national level, as well as representatives from international organisations, such as the World Health Organization (WHO) and United Nations Children's Fund (UNICEF).

#### Questionnaire administration

The questionnaire was developed and pretested for clarity and accuracy. During the pretesting process, we also developed a guide document with a set of questions aimed at helping the researcher to standardise the process of administering the questionnaires, especially for open-ended questions. The main domains/areas of inquiry in the questionnaire included the following:

- · costs of HPV vaccines
- political influence that played a role during introduction of the HPV vaccine
- strategies used during HPV vaccination implementation
- factors that hindered introduction of the HPV vaccine
- challenges and lessons learnt during HPV introduction.

One of the study team members (LHA) administered the questionnaires to all participants. Five stakeholders from 5 countries completed the questionnaires via face-to-face meetings held in November 2015 in SA. The last stakeholder from the 6th country could not attend the meeting, and therefore completed the questionnaire via email. Two stakeholders representing 2 countries were unable to attend the meeting or complete the questionnaire via email.

#### Missing data

Two representatives from the 7th and 8th countries did not respond to the questionnaires sent to them via email. Follow-up telephone calls to these representatives were unsuccessful.

# Data management and analysis

Five of the face-to-face interviews were digitally recorded. These data were coded with ATLAS version 6 (ATLAS.ti, Germany) for analysis. From the questionnaire completed and sent via email, data were abstracted for analysis and reporting. Given the small sample size, data reporting was blinded to the readership - no naming of the country or the participant. Narrative reporting and grouped themes were used to describe the results, based on the most common words and terms that were similar and repetitively used by key representatives.

#### **Ethical approval**

Prior to the start of the study, ethical approval was obtained from the Human Research Ethics Committee (HREC) of the Faculty of Health Sciences, University of Cape Town (ref. no. 703/2015). Written participation consent forms were obtained from the stakeholders. Confidentiality was observed during the interview process with the use of blinded transcripts.

## Results

In total, 6 key stakeholders of the 8 targeted stakeholders provided data for this study. The 6 representatives were from 6 different countries. The descriptive characteristics of the 6 representatives interviewed are shown in Table 1.

From the 6 participants interviewed, information about the targeted population for vaccination and the HPV vaccination delivery strategy used is provided in Table 2.

## Challenges during the implementation of the national **HPV** vaccination programme

Using data collected from the 6 countries, we grouped the challenges and lessons learnt during the implementation of the national HPV vaccination programme into themes. Thematic challenges and lessons reported by stakeholders were very similar in all 6 countries (Table 3).

The participants from all the countries reported the following challenges: identifying the target population group for HPV vaccination, obtaining political support, using a school-based vaccinedelivery strategy, integrating the HPV vaccination programme with existing school health programmes and engaging multiple stakeholders.

# Identifying the target age group

All the countries represented in this study opted to deliver HPV vaccination through the school-based strategy and targeted girls only. At the schools, there was a need to correctly identify girls aged between 10 and 13 years, who are the target group for HPV. However, a challenge was encountered, i.e. whether to use a grade-based or agebased approach to identify the girls for HPV vaccination.

For example, during the piloting of HPV vaccination, country A (Table 3) started with the age group 9 - 18 years, but due to logistical constraints, this target age group could not be optimally reached. Hence, some girls missed the intended HPV vaccination at school and were referred to the nearest health facility. Subsequently, during the national roll-out, all 6 countries reported that the HPV vaccination programme was implemented using a class-based approach. This approach presumed that the targeted age group (10 - 13 years) would be in a given class. The WHO recommends this age group for HPV vaccination, and their guidelines stipulate the HPV vaccination target group by age. [17] In our study, countries that implemented HPV vaccination reported that it was difficult to establish girls' ages. For example, in country B, where 10-year-olds in class 4 were targeted, most girls did not have birth records. As a result, it was difficult to know which girls in the class were 10 years old.

HPV vaccination schedules were synchronised with the academic calendar to avoid loss to follow-up. Furthermore, school teachers played a crucial role to assist in the follow-up, and regularly communicated information on the vaccination dates to the targeted girls. Primary schooling in all 6 participating countries is compulsory; hence, the school-based strategy was chosen as the most efficient to reach the highest number of targeted girls. The school-based delivery strategy was complemented by an outreach strategy, similar to health facility strategies, to vaccinate non-schoolgoing girls.

#### Using the school-based vaccine-delivery strategy

In Africa, as in the rest of the world, the EPI routinely focuses on delivering vaccination services to children. In the absence of an existing vaccination platform to reach pre-adolescent and adolescent girls with HPV vaccines, a new vaccine-delivery strategy was needed. During the period of HPV vaccine introduction by African countries, there was evidence from high-income countries, e.g. Canada, showing that the school-based programme is feasible. [29]

		Position held	
Country code	Type of organisation	by representative	Role in HPV vaccination programme
A	Government	Programme manager	Adviser on implementation of programme
3	Government	EPI director	In charge of implementation of programme
	International organisation	New vaccine focal person	Adviser on implementation of programme
)	Government	Programme manager	In charge of implementation of programme
3	Government	Programme manager	In charge of implementation of programme
7	Government	Programme manager	In charge of implementation of programme

Countries	Gender	Vaccine-delivery approach	Target age group, years
A	Female	School-based (class-based) approach	9 - 13
В	Female	School-based (class-based) approach	9
С	Female	School-based (class-based) approach	10
D	Female	School-based (class-based) approach	12
Е	Female	School-based (class-based) approach	9 - 13
F	Female	School-based (class-based) approach	9 - 12

	Using a school-based vaccine-delivery		Integrating HPV vaccination with	
Identifying the target age group	strategy	Obtaining the political will	existing school health programmes	Engaging multiple stakeholders
		Challenges experienced		
Routine target age of 9 - 13 years	School-based vaccine-delivery strategies,	Parliamentarians involved during	Integration of HPV vaccination with	Several key stakeholders that were
This age group is not targeted for	unlike EPI, which is well established in	HPV implementation plan - the	existing school health programmes –	engaged included officials from the
vaccination in African countries	many African countries	benefits of political support are well	school-based vaccinations and provision	departments of education, school
A new strategy was therefore needed	Routine school vaccination programmes	recognised in promoting vaccination	of other health services inadvertently	heads and teachers, parents and
to correctly identify the age group,	are not well established	programmes	result in disruption of learning	partners of the departments of health
which proved to be a challenge	Participants interviewed reported that	Participating stakeholders raised	To minimise the learning disruptions	Sustained and diverse stakeholder
	the extensive consultative planning that	concerns regarding the hard work	while maximising the benefits, HPV	engagement was noted as a challenge
	preceded the vaccination was a challenge	needed to gain support of prominent	vaccination can be delivered together	and crucial element to the success of
		politicians during the implementation	with other existing school-based health	HPV vaccination
		of HPV vaccination	programmes	Maintaining multiple stakeholder
			Planning how best to achieve the	engagement was listed as a challenge
			integration of all health programmes	
			at school was identified as a future	
			challenge and an opportunity	
		Lessons learnt		
Feasible to select eligible girls based	Schools can successfully be used as venues	Political endorsement is critical to	Integration can reduce the costs of the	Co-ordination of various
on grade/class as opposed to the	for HPV vaccination	community acceptance	programme	stakeholders is crucial for successful
specific age based on birth records	This is applicable to countries where	Political endorsement received during	There exists an opportunity to provide	implementation of national HPV
	primary school enrolment is high	HPV vaccination programmes can be	additional health services together with	vaccination programmes
		expanded to include other vaccines	the HPV vaccination programme	
		to strengthen immunisation through	Integration is seen as an opportunity	
		political support	to improve health-service delivery to	
			schoolchildren, with minimal disruption	
			to educators and learners	
$HPV = human\ papillomavirus;\ EPI = Expanded\ Programme\ on\ Immunisation.$	ogramme on Immunisation.			

Participants in our study reported that the introduction of HPV vaccines through the school-based strategy required the departments of health and education to develop a new collaborative partnership. The latter involved that the departments of health EPI programme take the lead with HPV vaccine demonstration initiatives, while the departments of education led the school-based initiatives, such as engagements with learners and parents. The co-ordination of these interdepartmental initiatives for optimal delivery of HPV vaccination was reported as a challenge. Prior engagement meetings between officials from both departments were necessary to ensure complete and on-time dosing of HPV vaccines to the targeted girls. Such engagement meetings were reported to be operationally demanding and time consuming.

# Obtaining political support

During the pilot phase, all 6 countries reported that the demonstration results of the HPV vaccination programme were shared with parliamentarians to solicit political support. They showed interest from the start - the political support thus facilitated the necessary commitment from government for upscaling to national level. The 2014 -2020 Africa's Regional Strategic Plan for Immunization was endorsed by ministers of health from the region.[30] The plan is an example of how political will shapes immunisation policies at regional and, by extension, national level. Country C, for example, reported to have received endorsement from the national parliament during HPV vaccine introduction. In country C, the vaccination was launched by the First Lady. Due to political support, it was possible to expedite the planning process, as well as resource mobilisation. Political leadership may change after a limited period, whereas the vaccination programme is a long-term intervention. The participants indicated that a possible lack of political support in the future could compromise the national HPV vaccination programme.

# Integrating HPV vaccination with existing school health programmes

Some countries have existing school health programmes (such as vision screening, deworming and nutritional supplementation) for school-aged children who may

also be the target group for HPV vaccination. Country B, for example, reported having a vision screening programme among grade 5 learners at primary schools. Grade 5 learners were also targeted by the HPV vaccination programme in the country. Most of the existing school health programmes are characterised by a single visit to the institution by the healthcare providers as opposed to HPV vaccination that, depending on whether there is administration of 2 or 3 doses, requires more than a single visit. Furthermore, health service teams from the health department, and not the HPV vaccination teams, are involved with the existing school health programmes. Two different teams from one department of health visiting the same school with different aims was reported as a challenge. In country B, for example, there was an observed need to harmonise the implementation of these two health programmes (vision screening and HPV vaccination). Although this was reported as a challenge in terms of logistics, it can also be an opportunity to integrate the provision of school health services. Therefore, future plans of many countries are to have new school-based health interventions piggyback on the HPV vaccination programme, provided the additional logistical challenges are addressed.

#### **Engaging multiple stakeholders**

Multiple stakeholder engagement was mentioned as a challenge by all participants. Unlike an established EPI, where delivery of vaccination services is routinely common and generally accepted, HPV vaccination was different in many ways, among these being the targeted population (adolescents) and delivery through schools. The multiple stakeholders engaged included parliamentarians, key officials from the departments of education, school heads and teachers, learners and parents. Engaging these multiple stakeholders was reported as time consuming and laborious. Obtaining assents (from learners) or consents (from parents) for vaccination (which is not the case with EPI) was reported as a challenge.

The participating stakeholders highlighted funding challenges that required collaboration of local and international organisations to secure complementary financial, technical and operational support.

# Lessons learnt during the implementation of national HPV vaccination programmes in 6 countries

**Lesson 1.** In school, identifying eligible girls for HPV vaccination based on grade/class is more feasible than by age. However, some eligible girls born after mid-year are likely to be missed during HPV vaccination if already in a higher grade. The proportion of the missed population needs to be quantified.

Lesson 2. School-based delivery strategies can be successfully used to deliver HPV vaccines to learners in African countries with high primary school enrolment. In case of missed vaccination opportunities, healthcare facilities can be used as venues for catchup vaccinations. Delivery of HPV vaccines through school-based programmes may also achieve high coverage levels if there is high-school enrolment in the targeted age group.

**Lesson 3.** Obtaining political support during the implementation of the HPV vaccination programme is crucial. Political endorsement by national and district government leaders is also critical for community acceptance.

**Lesson 4.** Integrating an HPV vaccination programme with existing school-based health programmes is a logistical challenge, but also an opportunity, as the integration can reduce the costs of health programmes delivered to school-aged learners.

**Lesson 5.** Adequate preparation, engaging diverse and relevant stakeholders, including teachers and parents, is crucial to ensure the successful implementation of an HPV vaccination programme.

**Lesson 6.** Additional support from local and international partners is needed to ensure sustainability of HPV vaccination programmes. Support by local partners is crucial to ensure HPV vaccines reach the hard-to-reach populations in a timely manner.

## Discussion

In this study, we identified the challenges and lessons learnt during the implementation of HPV vaccination programmes. Interdepartmental co-ordination, identifying the target age group for HPV vaccination, obtaining political support and engaging multiple stakeholders were reported as the main challenges. These were similar among the African countries that implemented HPV vaccination programmes. The similarities of the challenges across the study countries were surprising, as the continent's immunisation challenges are not homogeneous. [31] However, generally, countries in Africa have many similar competing public health priorities and the continent has lagged behind with diphtheria-tetanus-pertussis (DTP3) immunisation coverage. [31-33]

The delivery of HPV vaccines to schoolgirls required prior engagement and the co-ordination of the departments of health and education. Both departments had to plan around the timing of vaccinating girls during the school day. Additionally, the departments of health had to plan around the logistical delivery of the vaccines and transporting health workers to the schools. Despite these challenges, our results suggest that good leadership and careful co-ordination can overcome these challenges. Furthermore, lessons learnt from this co-ordination can be used to integrate existing and future schoolbased health interventions with HPV vaccination to expand the delivery of vaccines to adolescents. [34,35]

The WHO guidelines recommend the ideal target population for HPV vaccination as 9 - 13-year-olds, before onset of sexual activity. However, among the participating countries, it was difficult to accurately establish the age of the girls before sexual activity. This is likely to be the case in many African countries that did not participate in the study. Research on sexual debut years for adolescents in Africa can guide optimal choice of age to initiate HPV vaccination.

A few African countries that started to pilot HPV vaccination with an age-based approach used birthdate records to identify the age of girls eligible for vaccination. The age-based approach presented a challenge, as the birthdates were often not available on school records. However, the challenge with the class-based approach was that children who are born mid-year might miss vaccination, as they would have moved to the next class not targeted for HPV vaccination. Hence, if the missed targeted population is large, the effectiveness of HPV vaccination programmes in such countries will be suboptimal, not forgetting that boys are not targeted by the programme. The approach to select girls for HPV vaccination based on grade as opposed to age through a school-based vaccination strategy appeared universally ideal in our study.

The stakeholders alluded to the huge effort needed to obtain political support and reach consensus among diverse and key stakeholders. In all the participating countries, endorsement of the HPV vaccination programme by politicians was a prerequisite. Political leadership that understands and embraces the value and public health benefits of immunisation is therefore crucial for a national HPV vaccination programme in Africa.

Resource mobilisation for HPV vaccination programmes required engagement of diverse stakeholders. Broadly, advocacy and communication were needed to address this challenge. Many African countries, with support from international partners, have made considerable progress to strengthen advocacy and communication

on immunisation services.[31] However, in Africa, as is the case globally, much more effort is still needed to improve advocacy and communication with regard to vaccination. [36,37] The lesson learnt from this challenge was that the support by local and international partners, including politicians, is crucial to initiate and sustain HPV vaccination programmes in Africa. The sustainability will need strengthened advocacy and communication, not just for HPV vaccination, but also for other routine immunisation services.

In this study, primary schooling in all 6 countries was compulsory. This made the school-based HPV vaccination strategy the preferred method to reach the highest number of targeted girls. However, school-based vaccination strategies may not be entirely successful in countries with a suboptimal school attendance rate. One study has shown that supplementary immunisation activities, including the use of outreach health facilities, could be an option to target non-schoolgoing adolescents.[38]

We propose collaboration among African countries to document and share the lessons learnt during the introduction of HPV vaccination. A recent study showed high inter-country collaboration on immunisation research in Africa. [39] We identified collaborations that document and share immunisation research information as platforms to foster further discussions on the introduction of other adolescent vaccines. The lessons learnt by countries included in this study can be of great use to other African countries planning to introduce national HPV vaccination programmes.

#### **Conclusions**

All 6 countries used schools as the main site for vaccination. Most targeted girls attended school owing to the universal and free primary education programme in these countries. Schools therefore provided an easy and convenient site to access the eligible population. The school team, which included head teachers, teachers and school management, embraced the HPV vaccination programme. School teams worked closely with the departments of health to ensure that there was minimal disruption of classes and that the vaccination day does not coincide with important school programmes, such as examinations. For situations where targeted learners are inevitably absent on vaccination days, a health-facility approach can be used to catch up. As African countries continue to introduce HPV vaccines nationally, we recommend documentation and sharing of experiences. In this way, introduction of HPV vaccines will be guided by locally relevant experiences.

# Study limitations and validity

Of 54 African countries, findings for this study are from 6 countries only for reasons provided in the abovementioned methods section. This limitation is further compounded by having interviewed only one representative per country. Therefore, extrapolation of the findings to the entire continent must be done with caution. Another limitation is the use of questionnaires alone to collect data, without conducting focus group discussions. This was because of resource limitations.

#### Study strengths

- The study focus is on countries in Africa implementing HPV vaccination. This has not been evaluated before by using a similar methodology to ours. Although few countries are represented, the experiences are rich and useful in the African context.
- There is a paucity of knowledge on adolescent immunisation in Africa. Therefore, this study contributes to the knowledge base in the field.

• Documentation and dissemination of the challenges and lessons learnt are useful to other countries in Africa that plan to introduce the HPV vaccination programme.

#### Study weaknesses

- HPV implementation in Africa is a new concept and its implementation is slow - therefore the small sample size. We have also not included the countries that have recently (2018 and 2019) introduced HPV vaccination.
- · The respondents gave similar experiences and challenges of a school-based programme as a successful platform. Therefore, the study might not have information for the countries that need to attempt other methods of implementing HPV vaccination, such as health-facility-based programmes.

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