Detection of splenic microabscesses with ultrasound as a marker for extrapulmonary tuberculosis in patients with HIV: A systematic review

J M Schafer,1 MD; J Welwarth,2 DO; Y Novack,1 MD, PhD; D S Balk,4 MD; T Beals,1 MD; I Naraghi,1 MD; E K Khattab,5 MD, MPH; B Hoffmann,4 MD, PhD, RDMS

1 Department of Emergency Medicine, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, Mass, USA
2 Department of Emergency Medicine, Wayne State University School of Medicine, Detroit, Mich., USA
3 Soroka University Medical Center, Beer Sheba, Israel
4 Maimonides Medical Center, Brooklyn, NY, USA
5 Department of Emergency Medicine, King Khalid University Hospital, King Saud University, Riyadh, Saudi Arabia

Corresponding author: J M Schafer (jmschafe@bidmc.harvard.edu)

Background. In 2015, 1.2 million new cases of tuberculosis (TB) were diagnosed in patients with HIV. Diagnostic limitations and resource shortages in endemic areas can delay diagnosis and treatment, particularly with extrapulmonary TB (EPTB). Research suggests that ultrasound can identify splenic microabscesses caused by EPTB, but data are limited on the frequency of this finding in patients with culture-proven EPTB.

Objectives. To estimate the frequency of splenic EPTB microabscesses detected with ultrasound in patients with HIV and TB co-infection.

Methods. Studies published in six major databases as of November 2017 were systematically reviewed based on the PRISMA guidelines. Cohen’s kappa test was used to determine inter-rater agreement. Articles included for data abstraction passed the Quality Assessment of Diagnostic Accuracy Studies (QUADAS-2) evaluation. Freeman-Tukey transformation was used to calculate weighted proportions. Heterogeneity was evaluated by Forest plot and I^2 calculation.

Results. After abstract screening, article review and QUADAS-2 evaluation, five studies were selected for data extraction. A total of 774 patients in these studies were infected with HIV. Splenic lesions were seen with ultrasound in 21.0% of patients with HIV (95% confidence interval (CI) 10.6 - 33.8). TB diagnosed by culture, biopsy, smear, or molecular methods was found to be the cause of 88.3% (95% CI 72.3 - 97.9) of splenic microabscesses seen on ultrasound in patients with HIV.

Conclusions. Ultrasound evaluation of the spleen in patients with HIV and symptoms suggestive of TB in endemic regions is a viable diagnostic adjunct. Ultrasound detection of splenic microabscesses in HIV patients is probably sufficient indication to initiate TB treatment prior to obtaining culture data. Strong conclusions cannot be drawn owing to the high heterogeneity of this small number of studies.


The twin epidemics of HIV and tuberculosis (TB) have resulted in a surge in HIV-TB co-infection. In 2015, 1.2 million new cases of TB were diagnosed in patients living with HIV worldwide, with 400 000 deaths. The burden of this epidemic is most prominent in the developing world, where resources for diagnosis and treatment are limited, which further hampers containment of the epidemic. Typically, 10 - 15% of patients with TB develop the infection in sites other than the lungs, i.e. extrapulmonary TB (EPTB). Among people living with HIV, EPTB can occur in >50% of cases. The diagnosis of TB is usually made by sputum smear, culture, biopsy, or molecular detection methods. Diagnosing EPTB in patients with HIV, however, is challenging. In the absence of active pulmonary TB and in the presence of HIV, sputum smears or cultures to diagnose EPTB are unreliable and can be positive in as few as 3% of patients. Likewise, chest radiographs are not helpful in EPTB and are negative in up to 27% of cases. In resource-limited settings, the diagnosis of EPTB is often made on the basis of clinical findings alone, which can lead to a delay in diagnosis and increased mortality. While molecular methods of TB detection are improving and can offer rapid turnaround of results, they are not yet widely available. Recently ultrasound, particularly point-of-care ultrasound (POCUS), has emerged as a useful modality to diagnose advanced EPTB. Its use has increased in resource-limited settings, as it is a cheap, portable and repeatable diagnostic modality that offers rapid data return. Typical EPTB ultrasound findings are free abdominal fluid, pericardial effusion, periaortic lymph nodes and splenic microabscesses. It is known that both HIV and TB can cause free intra-abdominal or pericardial fluid and lymphadenopathy independently, but splenic microabscesses are believed to be very specific for EPTB.

The focused assessment with sonography for HIV-associated TB (FASH) protocol was developed to enable treating doctors to identify EPTB rapidly in patients with HIV in endemic areas. The developers of this protocol argued that the presence of positive FASH findings in the right setting indicates disseminated EPTB that should prompt treatment without waiting for additional diagnostic data. However, much of the published research supporting the FASH protocol is based on ultrasound findings or clinical progression alone rather than culture data. There is a paucity of systematic data on the frequency and specificity of splenic microabscesses seen on ultrasound in patients with culture-proven EPTB, and...
other organisms aside from the tubercle bacterium can cause disseminated splenic abscess development.[39,32]

**Objectives**
The objective of this systematic review was to determine the sonographic frequency of TB splenic microabscesses in patients with HIV and confirmed TB co-infection.

**Methods**
**Search strategy, selection criteria and assessment of quality**
A systematic review was conducted of all published literature in PubMed, Embase, Web of Science, Cumulative Index to Nursing and Allied Health Literature (CINAHL), Latin American and Caribbean Health Sciences Literature (LILACS) and African Index Medicus (AIM) publications prior to 28 November 2017. Updates were conducted in November 2016 and November 2017. Keywords and search terms were generated for TB and ultrasound with the help of a research librarian (Appendix 1). Search strategy and methods were based on the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-analyses) checklist.[33] The resulting database of articles was further refined with addition of HIV keywords. The inclusion criteria were not limited on the basis of language, geographical region, year, or study setting income stratification. Two independent reviewers screened abstracts for exclusion criteria, which were as follows: non-human studies, case reports, case series with three or fewer subjects, or studies relying on invasive ultrasound modalities (trans-oesophageal or endoscopic) alone as the basis for imaging evaluation. A third reviewer was used to gain consensus when conflict arose. Abstracts were included if all study participants had known HIV status and underwent non-invasive abdominal ultrasonography, and TB infection status was determined on the basis of confirmatory data such as culture, biopsy, smear, or molecular detection methods. Articles included for full review were assessed for quality with the Revised Quality Assessment of Diagnostic Accuracy Studies (QUADAS-2) tool.[34] With this tool, articles meeting the inclusion criteria were screened for possible selection, performance and reporting bias. Articles that passed this screening step were included for final data extraction and statistical analysis.

**Data abstraction**
Data extraction was standardised to include geographical location of the study, study design, characteristics of the population such as HIV and TB status, and method of determining TB status. Data regarding presence or absence of splenic lesions on ultrasound found with the use of either low-frequency or high-frequency ultrasound transducers were also abstracted. Authors of the selected studies were contacted as needed to clarify any missing data such as HIV status or ultrasound transducer used for evaluation of splenic lesions.

**Statistical analysis**
During screening, inter-rater agreement was assessed using Cohen's kappa test. Data from studies that passed the QUADAS-2 evaluation were pooled to calculate three parameters: (i) the rate of TB splenic microabscesses in patients with HIV-TB co-infection; (ii) the rate of splenic lesions in all patients with HIV; and (iii) the rate of TB microabscesses out of all splenic lesions in patients with HIV. The Freeman-Tukey transformation (arcsine square root transformation) was used to calculate the weighted summary proportion for each of these parameters under the fixed and random-effects model.[35,36] Heterogeneity was assessed by graphic examination of Forest plots and by calculating $F$ and Cochran's $Q$. Publication bias was assessed by Egger's regression intercept.[37] We used MedCalc Statistical Software version 14.8.1 (MedCalc Software, Belgium; http://www.medcalc.org, 2014) and Comprehensive Meta-Analysis version 2.2.064 (Biostat, USA). A two-tailed $p$-value $<0.05$ was considered statistically significant.

**Role of the funding source**
There was no funding source for this study. The corresponding author had full access to the data in the study and final responsibility for the decision to submit for publication.

**Results**
Search and screening results are listed in Fig. 1. The initial search returned 5 545 unique articles for TB and ultrasound. The addition of HIV keywords a priori to this database further refined the results to 993 abstracts. Two reviewers screened these abstracts, returning 54 articles pertaining to splenic lesions on ultrasound in patients with HIV and TB co-infection. Reviewers had a kappa coefficient of 0.9 (95% confidence interval (CI) 0.7 - 1) for inter-rater agreement. After the QUADAS-2 tool was applied, five studies were selected for data extraction. The other 49 articles were excluded for the following reasons: 7 were case control studies; 22 based the diagnosis of EPTB on clinical or empirical parameters rather than strictly culture, biopsy, smear, or molecular data, or there was insufficient information on methods of diagnosing TB; 5 studies had mixed use of either computed tomography (CT) or ultrasonography (US).

---

**Fig. 1. Systematic review search and screening results. (CINAHL = Cumulative Index to Nursing and Allied Health Literature; LILACS = Latin American and Caribbean Health Sciences Literature; AIM = African Index Medicus; TB = tuberculosis; QUADAS-2 = Quality Assessment of Diagnostic Accuracy Studies; dx = diagnosis; CT = computed tomography; US = ultrasound.)**
tomography or ultrasound as the imaging modalities, or did not comment on splenic ultrasound findings; 2 were either reviews or meta-analyses; 6 evaluated procedures; and 7 were only available in limited abstract or poster presentation form. Table 1 lists the five selected articles and the key characteristics of each.

**Pooled results**

The five studies included a total of 840 patients who had an abdominal ultrasound scan. Of these patients, 774 had HIV infection. TB co-infection was confirmed in 337 of patients with HIV. Ultrasound detected hypoechoic splenic lesions in 151 of the 840 patients. Splenic microabscesses found on ultrasound were confirmed to be EPTB in 137 of these patients.

Forest plots, $I^2$ and Cochrane’s $Q$-tests were used to evaluate heterogeneity of these studies. The Forest plots with associated $I^2$ and Cochrane’s $Q$-values of pooled data from the five selected studies are listed in Figs 2 - 4. There was high heterogeneity among the studies, so weighted summary proportion was calculated using Freeman-Tukey transformation (arc sine square root transformation) under a random-effects model.

The proportion of splenic microabscesses in patients with HIV and TB co-infection is presented in Fig. 2. There was high heterogeneity, with Cochrane’s $Q$ at 66.9 ($p<0.0001$) and $I^2$ 94.0% (95% CI 88.9 - 96.8), so a random-effects model was used. Of the 337 patients with HIV-TB co-infection, 62.5% had splenic microabscesses with culture-proven TB (95% CI 38.1 - 83.9). Egger’s regression intercept to evaluate publication bias was 2.62 (95% CI −0.3 - 5.5; $p=0.064$), indicating that no publication bias was found.

The proportion of splenic lesions on ultrasound in all patients with HIV is shown in Fig. 3. Cochrane’s $Q$ was 63.2 ($p=0.0001$) and $I^2$ was 93.7% (95% CI 88.1 - 96.6), indicating high heterogeneity, so a random-effects model was used. Of 774 patients with HIV, splenic lesions were seen in 21.0% (95% CI 10.6 - 33.8). Egger’s regression to assess publication bias was $−7.3$ (95% CI $−30.7 - 16.2; p=0.4$), indicating that no publication bias was found.

The proportion of TB microabscesses out of all splenic lesions in patients with HIV is shown in Fig. 4. Cochrane’s $Q$ was 24.6 ($p=0.0001$) and $I^2$ was 83.8% (95% CI 63.3 - 92.8), indicating high heterogeneity, so a random-effects model was used. Of patients with HIV and splenic microabscesses on ultrasound, 88.3% had TB diagnosed by culture, biopsy, smear or molecular methods (95% CI 72.3 - 97.9). Egger’s regression intercept was 4.6 (95% CI $−1.7 - 11.0; p=0.10$), indicating that no publication bias was found.

**Results of individual studies**

Murray et al. [39] (1995) compared rates of splenic microabscess detection between a 3.5 MHz sector transducer and a 5 MHz linear transducer in patients with HIV. This study was done in the USA on a prospective convenience sample of patients with known HIV status presenting for investigation of abdominal pain between June 1993 and October 1994. Of 102 patients who underwent abdominal ultrasonography, 13 were found to have splenic lesions. Use of a low-frequency transducer was able to identify splenic lesions in 3 patients, while an additional 10 patients were re categorised as having lesions after evaluation with a high-frequency linear probe. Seven of these patients had a TB diagnosis based on culture, biopsy or autopsy, 3 had Mycobacterium avium-intracellulare infection, 1 had Kaposi’s sarcoma, and 1 had Pneumocystis carinii infection. The remaining patient was presumed to have disseminated candidiasis based on ultrasound appearance of the splenic lesion and improvement on antifungal medication.

Porcel-Martin et al. [41] (1998) published a retrospective review of patients with HIV who underwent abdominal ultrasonography between January 1987 and December 1995 at one hospital in Spain. The objective of their research was to describe splenic ultrasound findings in this patient population. They used 3.5 MHz sector and linear transducers to evaluate the spleen. Of 22 patients found to have focal splenic lesions, 19 had culture- or biopsy-proven EPTB. One patient had a splenic infarct from Staphylococcus aureus bacterial endocarditis, and in 2 patients the final diagnosis was unknown because of lack of follow-up.

Mendez et al. [43] (1995) evaluated 77 patients in Argentina who presented with known HIV and fever. This was a prospective cohort study to evaluate the usefulness of ultrasound in detecting abdominal TB in HIV-positive patients. They used 3.5 MHz sector and linear transducers. Of 74 patients with culture- or biopsy-proven TB, 29 had splenic microabscesses with confirmed TB.

More recently, in 2011, Patel et al. [42] published a prospective cohort study of ultrasound findings in patients suspected EPTB admitted to a district-level hospital in South Africa from August 2004 to October 2004. Ultrasound of the spleen...
was performed using a 3.5 MHz curvilinear transducer and a 7.5 MHz linear transducer. Of 267 patients who met the inclusion criteria and had adequate data to confirm a diagnosis of TB, 170 had TB confirmed by either culture or smear. Of the 267 patients in this study, 66 were either HIV-negative or of unknown HIV status, while the remaining 201 were HIV-positive. Of 63 patients found to have splenic microabscesses, the majority (n=62) were HIV-positive with a final diagnosis of EPTB. The single HIV-negative patient in this group with splenic lesions did not have TB. The authors did not specify what the final diagnosis was in this case.

Dominguez-Castellano et al. (1998) conducted a prospective cohort study of patients admitted to one hospital in Spain from April 1994 to January 1997. The objective of this study was to evaluate abdominal ultrasound as a diagnostic tool to identify EPTB in patients with HIV. They used a 3.75 MHz curvilinear transducer to scan for splenic lesions, abdominal lymphadenopathy or liver lesions. Of 116 patients with HIV and fever evaluated with abdominal ultrasound, 35 had a combination of abdominal ultrasound findings and 25 of these had a final diagnosis of EPTB; 24 patients had splenic microabscesses on ultrasound. Of these microabscesses, 20 were biopsy- or culture-proven TB, while 1 was caused by toxoplasmosis and 1 by *M. avium-intracellulare*. In 2 cases there was no definitive diagnosis. The authors noted that one patient with ultrasound findings had a presumptive diagnosis of TB based on clinical improvement, but they did not state what specific ultrasound finding this case was associated with.

**Discussion**

Five studies that used abdominal ultrasound in the diagnostic algorithm when evaluating for EPTB were reviewed. Each of these studies were selected because the diagnosis of TB was confirmed by culture, biopsy, smear, or molecular methods. HIV status was known in a majority of patients included in this review (794/840 patients, 774 HIV-positive and 20 HIV-negative). Splenic microabscesses were present in 21.0% of all patients with HIV infection. Of patients with HIV and TB co-infection, 62.5% had splenic microabscesses. Furthermore, in patients with HIV, these splenic microabscesses were caused by culture-proven EPTB in 88.3% of cases. The above data indicate that splenic microabscesses were not a frequent finding, but when present were usually caused by EPTB. Therefore, in HIV-positive patients with unknown TB status but symptoms suggestive of TB, splenic microabscesses detected on ultrasound are probably caused by EPTB, and this possibility may be sufficient indication to initiate TB treatment while awaiting culture data, particularly in a setting with a high prevalence of HIV and TB and limited resources.

A strength of this review is that we focused on diagnostic modalities likely to be available to the front-line provider. The review focused primarily on transabdominal ultrasound and excluded invasive ultrasound modalities, as these do not easily translate to POCUS applications. Invasive modalities would probably not be available to the front-line clinician practising in an HIV-TB-endemic area with limited resources. It was with this subset of clinicians in mind that we chose to focus on splenic microabscesses as an ultrasound finding associated with EPTB.

There are other ultrasound findings commonly associated with EPTB that we could have investigated, but these findings present their own challenges. Abdominal lymphadenopathy is a common finding with EPTB in patients with HIV; however, abdominal lymph nodes can be difficult to identify, even for experienced sonographers. Ascites is associated with TB but also with a wide variety of other conditions. We therefore chose to focus on splenic microabscesses, as they are relatively easy for a clinician with limited ultrasound experience to identify. Given that POCUS is cheap and portable, and provides data rapidly to the treating clinician, ultrasound evaluation of the spleen in patients with HIV and symptoms suggestive of TB is a beneficial addition to diagnostic and treatment algorithms in resource-limited settings.

During the screening process, we found 22 articles that discussed the presence of splenic microabscesses in patients with HIV and TB co-infection. These articles were excluded because

---

**Fig. 2. Forest plot of selected articles: rate of TB splenic microabscesses in patients with HIV-TB co-infection. (TB = tuberculosis; CI = confidence interval.)**

**Fig. 3. Forest plot of selected articles: rate of splenic lesions in patients with HIV. (CI = confidence interval.)**

**Fig. 4. Forest plot of selected articles: rate of TB splenic microabscesses v. all splenic lesions in patients with HIV. (TB = tuberculosis; CI = confidence interval.)**

---

*RESEARCH*  
SAMJ  
August 2019, Vol. 109, No. 8  
573
TB was diagnosed either entirely or partially on the basis of clinical or ultrasound features rather than strictly by culture, biopsy, or molecular methods. Smear-negative TB and EPTB can be difficult to diagnose, particularly in patients with HIV.[14-10-12] Criteria for diagnosis are often based on clinical signs or symptoms as well as improvement in symptoms after initiation of TB treatment, because EPTB or smear-negative TB is so difficult to diagnose.[10-12] The excluded articles followed World Health Organization guidelines for diagnosing EPTB, and were well structured; however, we were looking for research that indicated a definitive culture- or biopsy-proven diagnosis of TB, as patients with HIV are also susceptible to other opportunistic infections or malignancy that can present in a similar way. Looking only for articles with a definitive TB diagnosis introduces potential bias into our screening process. However, taken together the excluded articles indicate that splenic microabscesses appear to be a very specific finding associated with EPTB in HIV-positive patients, particularly in endemic areas. Our findings add support to this observation.

**Study limitations**

As with any systematic review, publication bias is a problem. Using the methods we have described, we searched six major databases for published articles. However, published articles do not encompass the entire breadth of research on this topic, and we did not include unpublished research that might have been relevant. Additionally, through the screening and selection process we identified very few articles that used culture or biopsy data as the basis of definitive EPTB diagnosis. We attempted to evaluate for potential publication bias using Egger’s regression intercept, but this is of limited usefulness with such a small number of articles.[40] Publication bias as assessed with our method was low; however, considering the research and publication barriers faced by clinicians and researchers in low- and middle-income countries, it is possible that there are unpublished data on this topic.[40-60] Our assessment of publication bias must therefore be interpreted with these limitations in mind.

We noted high heterogeneity in the five selected articles. Differences in study objectives, changes in geographical and temporal distribution of TB and HIV in relation to the growing HIV epidemic, and some of the diagnostic methods used contribute to this heterogeneity. We adjusted for this problem by using a random-effects model to calculate probability. Even so, the estimates presented are not robust owing to the limited number of heterogeneous studies that passed the screening and selection process. We identified very few unpublished research that might have been relevant. Additionally, strong conclusions cannot be drawn because of the high heterogeneity of the limited number of studies that passed the search and screening process.

**Conclusions**

The twin epidemics of HIV and TB are fuelling a rise in cases of EPTB, particularly in the developing world. Ultrasound is a cheap and portable diagnostic tool that can offer a partial solution to the difficulty of diagnosing EPTB in a resource-limited setting. While this review focused on sonographic detection of splenic microabscesses, there are other ultrasound findings associated with EPTB in patients with HIV, such as pericardial effusion or pauciarticular lymph node enlargement. While many of these findings have not been validated, additional meta-analysis of the current literature on the frequency of these ultrasound findings may help strengthen available data for diagnosing EPTB in at-risk patients using POCUS. In our review, we found that splenic microabscesses in patients with HIV are frequently caused by EPTB. This ultrasound finding in patients with HIV living in TB-endemic areas should prompt the clinician to initiate anti-TB treatment, prior to any confirmatory laboratory data. However, strong conclusions cannot be drawn because of the high heterogeneity of the limited number of studies that passed the search and screening process.

**Declaration.** None.

**Acknowledgements.** Thanks to Paul Bain, PhD, MLIS, reference and education librarian at Countway Library of Medicine at Harvard Medical School, for assistance in generating search terms for each database.

**Author contributions.** JMS and BH conceived the protocol. JMS did the literature search. JMS, BH and JW did the abstract screening and article review. JMS and BH did the quality assessment. JMS did the data extraction and contributed to the figures and tables. VN contributed to data analysis, created the figures and edited the manuscript. JMS prepared the first draft of the manuscript, and all authors were involved in data interpretation. All authors (JMS, JW, VN, DSB, TB, LN, EKK and BH) critically revised all drafts of the manuscript and approved the final version.

**Funding.** None.

**Conflicts of interest.** None.


OR fash:ab,ti) AND ('tuberculosis'/exp OR tuberculosis:ab,ti OR tubercular:ab,ti) echography/exp was too sensitive and returned well over 4,000 records. Limited to major topic. [note carried from original notes]

**Web of Science**
Indexes=SCI-EXPANDED, CPCI-S Timespan=All years
TS=((ultrasound OR ultrasonograph* OR sonograph* OR ultrasonic OR echocardiog* OR fash) AND (tuberculosis OR tubercular))

**CINAHL**
(MH ("Ultrasonography" OR “Echocardiography” OR "Ultrasonography, Doppler") OR TI (ultrasound OR ultrasonograph* OR sonograph* OR ultrasonic OR echocardiog* OR fash) OR AB (ultrasound OR ultrasonograph* OR sonograph* OR ultrasonic OR echocardiog* OR fash)) AND ((MH “Tuberculosis+”) OR TI (tuberculosis OR tubercular) OR AB (tuberculosis OR tubercular))

**LILACS**
(ultrasound OR ultrasonography OR sonography OR ultrason or echocardiography OR fash OR ecografia OR ultrasonografia OR ecocardio grafia OR sonografia) AND (tuberculosis OR tubercular OR tuberculose OR tuberculeuse)

**AIM**
(ultrasound OR ultrasonography OR sonography OR ultrason or echocardiography OR fash OR ecografia OR ultrasonografia OR ecocardio grafia OR sonografia) AND (tuberculosis OR tubercular OR tuberculose OR tuberculeuse)