

A Seasonal Autoregressive Integrated Moving Average (SARIMA) forecasting model to predict monthly malaria cases in KwaZulu-Natal, South Africa

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Background. South Africa (SA) in general, and KwaZulu-Natal (KZN) Province in particular, have stepped up efforts to eliminate malaria. To strengthen malaria control in KZN, a relevant malaria forecasting model is important.

Objectives. To develop a forecasting model to predict malaria cases in KZN using the Seasonal Autoregressive Integrated Moving Average (SARIMA) time series approach.

Methods. The study was carried out retrospectively using a clinically confirmed monthly malaria case dataset that was split into two. The first dataset (January 2005 - December 2013) was used to construct a SARIMA model by adopting the Box-Jenkins approach, while the second dataset (January - December 2014) was used to validate the forecast generated from the best-fit model.

Results. Three plausible models were identified, and the SARIMA (0,1,1)(0,1,1)₁₂ model was selected as the best-fit model. This model was used to forecast malaria cases during 2014, and it was observed to fit closely with malaria cases reported in 2014.

Conclusions. The SARIMA (0,1,1)(0,1,1)₁₂ model could serve as a useful tool for modelling and forecasting monthly malaria cases in KZN. It could therefore play a key role in shaping malaria control and elimination efforts in the province.

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Malaria transmission in South Africa (SA) is restricted to the north-eastern parts of KwaZulu-Natal (KZN), Limpopo and Mpumalanga provinces. Satisfactory progress in reducing the malaria disease burden has been recorded in these malaria-endemic areas, and the incidence of malaria is currently low. Limpopo presents the highest burden of malaria in SA, with an incidence ranging from 1.7 to 2.4 cases per 1 000 population at risk, while KZN has the lowest burden of disease (0.01 - 0.10 cases per 1 000 population at risk).^[1-3] SA aims to eliminate malaria by the year 2020 and prevent the resurgence of malaria transmission in subsequent years.^[2] There is therefore a pressing need to develop robust and reliable predictive models that can strengthen the public health service in decision-making for effective targeted strategies to combat and eliminate malaria transmission.

The development of predictive models is a vital part of malaria surveillance, enabling policy makers and public health workers to project the future occurrence of the disease and act proactively.^[4] One approach to developing a malaria predictive model is to use historical malaria case data and employ analytical predictive models such as mathematical modelling, a machine-learning approach (artificial neural networks) and statistical methods (generalised linear models and Seasonal Autoregressive Integrated Moving Average (SARIMA) models). An understanding of the assumptions underlying a predictive model and its advantage(s) and disadvantage(s) is vital when developing a forecast model.^[5] The SARIMA approach can exhibit temporal trends such as seasonality and autocorrelation (which is a correlation of a time series with its own past and future values)^[6] that are actualised by eliminating high-frequency noise in the data. Furthermore, owing to the model's ability to perform automated model determination over a time series, predictions can be said to be reliable if longer time series data are employed. The formulated models are easy to interpret in a retrospective

study.^[5] Nevertheless, the formulation of the models requires general mathematical and statistical skills, and an understanding of a relevant statistical package/software for the execution of analysis. The required mathematical and statistical skills are not limited to trigonometry, complex numbers, calculus, linear regression (multiple regression and weighted least square) and basic probability.^[7] The analysis can be implemented using either an open-source (free) statistical package (such as R statistics or Python) or a licensed package (Stata, MATLAB, SAS, MiniTab or SPSS).

Objectives

In view of the need for KZN to enhance malaria control and elimination efforts and 'explore' the epidemiological potential of the SARIMA time series model in that regard, this study was designed to develop a SARIMA temporal model using long-term historical malaria case data and predict malaria monthly cases using R statistical software version 3.2.3 (R Foundation for Statistical Computing, Austria).

Methods

Study area

Three district municipalities in KZN, uMkhanyakude, uThungulu and Zululand, are malarious areas and were included in the study. The study areas are bordered by the countries of Swaziland and Mozambique to the north, and the Indian Ocean stretching from the east down to the southeast (Fig. 1). The province has a subtropical climate and most malaria cases occur during the rainy months from October to May, usually with a seasonal peak in January and March.^[8,9]

Malaria data

We used confirmed monthly malaria cases including all age groups from January 2005 to December 2014, obtained from the KZN

Malaria Control Programme. A malaria case is a person whose blood smear tested positive to *Plasmodium* after undergoing a rapid diagnostic test or slide microscopy at a health facility.^[10] Since 1956 it has been a legal requirement to notify malaria cases to the relevant health authorities in SA.^[11] Confirmed malaria cases at health facilities in the malarious provinces in SA are reported by telephone to the relevant district health office and subsequently reported to the provincial malaria control programme. At the provincial malaria control programme, the malaria control worker collects and inputs information relating to the malaria case into the malaria information system. The information includes patient demographics, the health facility where the case was reported, symptoms, malaria test results, diagnosis and treatment administered.^[8,12]

No ethical approval for the study was required.

Statistical analysis

The analytical approach to this study is bounded by the Box-Jenkins SARIMA model. The SARIMA model combines non-seasonal and seasonal components, and can be specified as SARIMA (p,d,q) × (P,D,Q)_s, where p, d and q refer to the orders of the non-seasonal autoregressive (AR), non-seasonal differencing and non-seasonal moving average (MA) parts of the model. P, D and Q refer to the orders of the seasonal AR, seasonal differencing and seasonal MA parts of the model, and s is the length of the seasonal period. The AR process accounts for previously observed values up to a specified maximum lag, plus an error term. The process of differencing is referred to as the integration part that accounts for stabilisation of the data by removing seasonality or trend, while the MA process accounts for previous error terms, making forecasting easier. The algebraic form of the SARIMA model^[13] is given as:

$$\Phi(B^S)\phi(B)\Delta^d\Delta_s^D X_t = \theta_0 + \theta(B^S)\theta(B)\alpha_t \quad (1)$$

The non-seasonal factors are given as:

$$\text{AR: } \phi(B) = 1 - \phi_1 B - \dots - \phi_p B^p \quad (2)$$

$$\text{MA: } \theta(B) = 1 + \theta_1 B + \dots + \theta_q B^q \quad (3)$$

The seasonal factors are given as:

$$\text{Seasonal AR: } \Phi(B^S) = 1 - \phi_1 B^S - \dots - \phi_p B^{pS} \quad (4)$$

$$\text{Seasonal MA: } \Theta(B^S) = 1 + \theta_1 B^S + \dots + \theta_q B^{qS} \quad (5)$$

where X_t = data series, α_t = random error (with mean zero and variance σ^2), B = backward shift operator, ϕ = coefficient non-seasonal autoregressive, θ = coefficient non-seasonal moving average, Φ = coefficient seasonal autoregressive, Θ = coefficient seasonal moving average, Δ^d = difference operator, with d order of differencing, and Δ_s^D = seasonal difference operator, with D seasonal order of differencing and s length of the seasonal period.

A SARIMA (p,d,q)(P,D,Q)₁₂ model was constructed using monthly malaria case data from January 2005 to December 2013 and a forecast of malaria cases from January 2014 to December 2014, following the steps below.

Step 1: Transformation of time series data and model identification

The power transformation known as the Yeo-Johnson transformation was employed on the time series to stabilise the variance, while SARIMA non-seasonal and seasonal differencing were conducted to achieve stationarity of the time series by eliminating the trend and seasonality. From the non-seasonal and seasonal differenced data, the non-seasonal and seasonal components of the model were

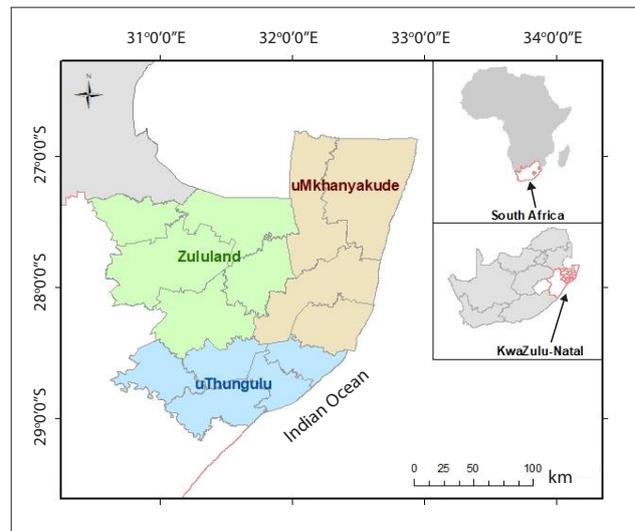


Fig. 1. Map of the study area.

formulated by examining their autocorrelation function (ACF) and partial autocorrelation function (PACF). The ACF and PACF were used to determine the degree of differencing and appropriate autoregressive and moving average terms.

Step 2: Parameter estimation

Parameters of the model in step 1 were estimated to verify that all the parameters in the plausible model were significant.

Step 3: Model validation

To test for the adequacy of the selected SARIMA model, we used the residuals of the fitted model to find the ACF plot of the residuals and the Box-Ljung test. The Q-Q plot and Shapiro-Wilk test were used to test for normality of the residuals. If all the diagnostic test results are within acceptable limits, the SARIMA model in step 2 is appropriate.

Step 4: Forecasting

The selected SARIMA model in step 3 was used to forecast malaria cases from January 2014 to December 2014. The reported malaria cases for 2014 were used to validate the forecast.

Results

Model identification

The time series data cover 120 months, from January 2005 to December 2015, and depict notable seasonality and a downward trend of malaria cases, as shown in Fig. 2 A.

The Yeo-Johnson transformation method and differencing were employed to stabilise the variance and eliminate the seasonal trend, respectively.

The Yeo-Johnson transformation suppressed the fluctuations, which in turn enhanced the normality of the data (Fig. 2 B). The ACF plot of the transformed malaria case data in Fig. 2 C depicts seasonality, which dies down slightly, while the PACF plot of the malaria case data in Fig. 2 D tails off after lag 1, and decays in sine-wave fashion. In an initial attempt to remedy the non-stationarity of the time series (depicted in Fig. 2 B), and eliminate the trend and seasonality (indicated in the ACF plot in Fig. 2 C), non-seasonal differencing was employed.

In Fig. 3, A and B present the output of the monthly malaria cases after transformation and non-seasonal differencing. The ACF plot in Fig. 3 A indicates that seasonality is still evident (lags 7, 19 and 31).

We therefore employed seasonal differencing to eliminate the effect of seasonality in our model and to seek for a better model fit.

The non-seasonal component of our model was identified by examining the ACF and PACF plots (Fig. 3 A and B) of the transformed non-seasonal differenced malaria cases. The ACF values in Fig. 3 A decline steadily after 1 lag and the PACF (Fig. 3 B) decays exponentially in a sine-wave fashion. This suggests a moving average of order 1, resulting in an autoregressive moving average (0,1,1)₁₂ model (i.e. p = 0, d = 1 and q = 1).

In Fig. 3, C and D show the ACF and PACF plots of monthly malaria cases after transformation and seasonal differencing. In Fig. 3 C, the ACF cuts off after 1 lag, which suggests a seasonal moving average MA (1) model, while the PACF plot (Fig. 3 D) declines after 3 lags, which suggests a seasonal autoregressive AR (3) model. Therefore, based on the non-seasonal differencing and seasonal differencing, seasonality was eliminated from the time series data and a stationary mean (i.e. D = 0) was achieved. This resulted in the identification of three plausible SARIMA models, SARIMA (0,1,1)(3,1,1)₁₂, SARIMA (0,1,1)(0,1,1)₁₂, and SARIMA (0,1,1)(3,1,0)₁₂.

Model testing and parameter estimation

The goodness-of-fit statistics employed were the Akaike information criterion (AIC), the Bayesian information criterion (BIC), log-likelihood and the standard error. The model with the lowest BIC value and with a p-value <0.05 was selected as the best model fit. The BIC values are based on the likelihood function and the AIC.^[6] The

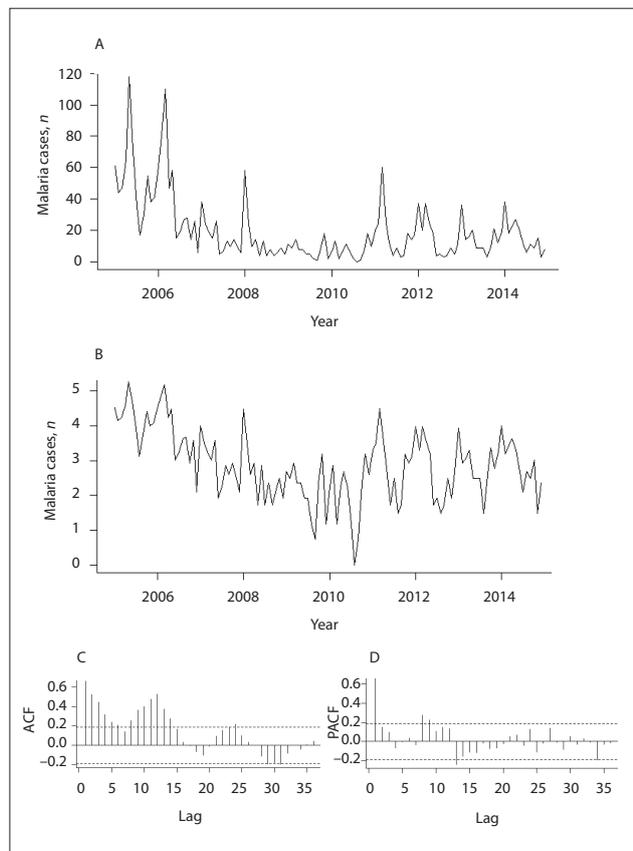


Fig. 2. The original and Yeo-Johnson-transformed time series plots of monthly malaria cases in KwaZulu-Natal, 2005 - 2014. (A) Original time series. (B) Transformed time series. (C) ACF plot of the transformed time series. (D) PACF plot of the transformed time series. (ACF = autocorrelation function; PACF = partial autocorrelation function.)

SARIMA (0,1,1)(0,1,1)₁₂ model has the smallest BIC (Table 1) and all the estimates provided in Table 2 are significant. Therefore, based on the goodness-of-fit statistics (Table 1) and parameter estimation (Table 2), we identified the SARIMA (0,1,1)(0,1,1)₁₂ model as the most suitable model for forecasting.

Model validation

This was done by verifying: (i) the ACF of the residuals to check for autocorrelation; and (ii) the normal probability plot of the residuals.

The ACF plot of residuals (Fig. 4, A) suggests that the residuals have a constant variance, and the autocorrelations were modelled out leaving only one significant value as indicated by the spike in lag 19. Also, the Box-Ljung test results ($\chi^2 = 60.499$, df = 48, p-value = 0.1064) revealed that the p-value exceeded 5%, implying that the model is adequate (i.e. there is no autocorrelation). The Shapiro-Wilk test results for normality have a test statistic of W=0.98811 and p-value of 0.4595, and the Q-Q plot (Fig. 4, B) depicts some outliers on the tails, suggesting that the normality of the residuals is not rejected. We therefore proceeded to use the SARIMA (0,1,1)(0,1,1)₁₂ model for forecasting, since it provides a reasonable fit to the highly seasonal and non-seasonal time series data.

Forecasting

The selected SARIMA (0,1,1)(0,1,1)₁₂ model was used to forecast monthly malaria cases from January 2014 to December 2014 (Fig. 5).

The plot of the observed monthly malaria cases and predicted cases for 2014 (Fig. 6) shows that the values for monthly predicted cases tend to follow the reported values quite closely except in

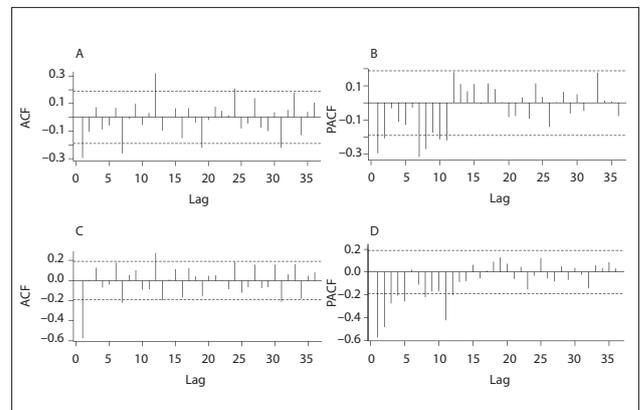


Fig. 3. ACF and PACF plots of monthly malaria cases in KwaZulu-Natal, 2005 - 2014, after the Yeo-Johnson transformation and differencing. (A) ACF plot of the transformed non-seasonal differenced malaria cases. (B) PACF plot of the transformed non-seasonal differenced malaria cases. (C) ACF plot of the transformed seasonal differenced malaria cases. (D) PACF plot of the transformed seasonal differenced malaria cases. (ACF = autocorrelation function; PACF = partial autocorrelation function.)

Table 1. Goodness-of-fit statistics of plausible SARIMA models

	SARIMA (0,1,1)(3,1,1) ₁₂	SARIMA (0,1,1)(0,1,1) ₁₂	SARIMA (0,1,1)(3,1,0) ₁₂
AIC	202.77	199.6	208.28
BIC	218.1	207.26	221.02
LL	-95.39	-96.8	-99.12

SARIMA = Seasonal Autoregressive Integrated Moving Average; AIC = Akaike information criterion; BIC = Bayesian information criterion; LL = log likelihood.

Table 2. Parameter estimation

Type	SARIMA (0,1,1)(3,1,1) ₁₂			SARIMA (0,1,1)(0,1,1) ₁₂			SARIMA(0,1,1)(3,1,0) ₁₂		
	Coef.	SE of coef.	p-value	Coef.	SE of coef.	p-value	Coef.	S.E of coef.	p-value
MA1	-0.7029	0.0803	0.0000	-0.7156	0.0785	0.0000	-0.7274	0.0767	0.0000
SAR1	0.2003	0.1189	0.0460	-	-	-	-0.5261	0.1083	0.0000
SAR2	-0.0002	0.1197	0.4995	-	-	-	-0.3182	0.1186	0.0037
SAR3	-0.0862	0.1328	0.2582	-	-	-	-0.1561	0.1265	0.1087
SMA1	-1.0000	0.3738	0.0037	-0.7272	0.1316	0.0000	-	-	-

SARIMA = Seasonal Autoregressive Integrated Moving Average; MA = non-seasonal moving average; SAR = seasonal autoregressive; SMA = seasonal moving average; SE = standard error; coef. = coefficient.

August, November and December, where pronounced differences were observed.

Discussion

Time series predictions are generated by models based on changes over time in previously observed values or historical datasets.^[14] The SARIMA forecast model can serve as a useful tool for public health workers and epidemiologists. It can be applied as a malaria early-warning system and, can provide vital information to enable the relevant authority to act proactively.^[14,15] This study shows how the SARIMA model (which is particularly relevant for a disease that exhibits seasonality) was employed in modelling and predicting malaria cases in a relatively low malaria transmission region, where targeted interventions are vital to strengthen KZN malaria control and

elimination efforts. The model can provide information to support policy makers and public health efforts so that intervention resources can be provided and channelled in a sustainable and effective way. It can also serve as a tool for providing relevant information to locals and visitors prior to high malaria transmission months. This in turn will be pivotal in transforming SA's current malaria programme to elimination by 2020.

The epidemiological potential and functionality (epidemiological studies, disease surveillance and forecasting) of the SARIMA time series have been explored by various authors in different capacities.^[16-20] These authors ensured that the time series processes attained stationarity in the homogenous sense (stationary in its level) and variance, which are indispensable conditions of

a SARIMA model. This was done by carrying out the first differencing and the seasonal differencing, which results in a stationary time series by removing trends and seasonal effects. However, in instances where the variance of a time series trends downwards (or increases) as the level of the series decreases (or increases), the time series must be transformed before the analysis or differencing.^[14] This will lead to a time series stationary in the homogenous sense and variance, and in turn improves and leads to the formulation of a better model fit.^[14] Some studies employed log-transformation to achieve a stationary variance,^[21-23] and this is the most commonly used transformation approach. Other studies employed Box-Cox power transformation,^[24,25] which is valid for datasets containing positive variables. In this study, we employed a seldom-used power transformation known as the Yeo-Johnson transformation because our time series systematically trended downwards and had zero values and values close to zero.^[26]

Although malaria transmission in KZN is limited as a result of effective malaria control measures,^[9,27-29] the SA National Department of Health still regards malaria as a significant disease owing to its propensity to cause an epidemic.^[8,10] In SA, specific population groups are at higher risk of contracting malaria. They are infants and children aged <5 years living in localities of stable malaria transmission, the elderly (>65 years old), people living with HIV/AIDS, non-immune pregnant women, semi-immune pregnant women living in high malaria transmission localities, semi-immune HIV-infected pregnant women living in localities of stable transmission, non-immune travellers and migrants.^[10] Nevertheless, the entire population is vulnerable to malaria epidemics owing to little or no immunity.^[10] To avert an epidemic, SA has in place an outbreak threshold of confirmed cases at districts and provinces endemic to malaria, and health facilities

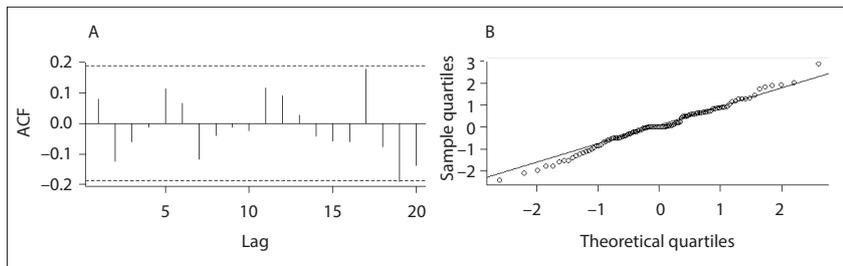


Fig. 4. Plots of residuals of the selected SARIMA (0,1,1)(0,1,1)₁₂ model. (A) The ACF plot. (B) The Q-Q plot. (SARIMA = Seasonal Autoregressive Intergrated Moving Average; ACF = autocorrelation function.)

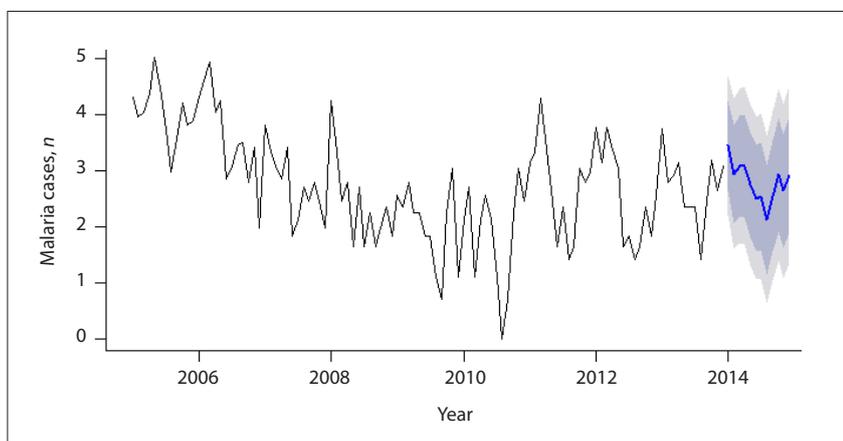


Fig. 5. Observed malaria cases from January 2005 to December 2013 and predicted malaria cases from January 2014 to December 2014.

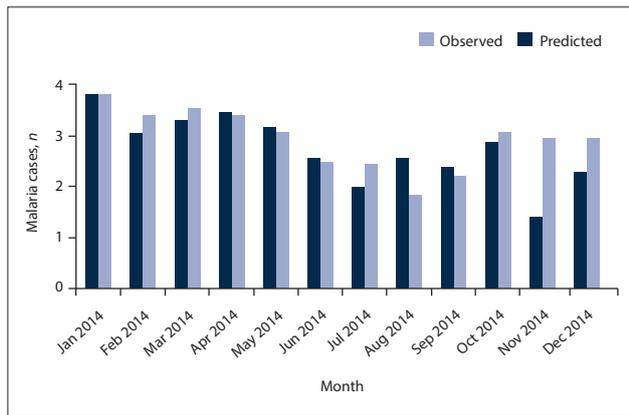


Fig. 6. Comparison of observed and predicted monthly malaria cases from January 2014 to December 2014.

located in these areas. When the threshold is reached or exceeded, reactive measures are taken by the relevant malaria divisions.^[8] The malaria control and elimination efforts needed will therefore require scaling up and revising of the epidemic preparedness and response strategy.

In addition to our SARIMA model, further studies should be conducted utilising either epidemiological or entomological data or a combination of both, with environmental and socioeconomic malaria triggers at a fine scale to delineate the intervention resources needed. Furthermore, conducting epidemiological research, and studies in a particular setting employing different parameters, mechanisms or possible confounders, can inform us on the deficiencies in our knowledge of malaria disease in that study area. This could result in the identification of unanswered questions and loopholes crucial to model reliability, which can be bridged by either incorporating more variables or eliminating certain variables. Nevertheless, without practical applications of developed models, we will not be informed about the reliability of the models and how they can be improved. It is also important to bring relevant stakeholders (researchers, statistical analysts, the South African Weather Service, doctors, public health workers, epidemiologists, entomologists and policy makers) together to reshape the malaria elimination strategy so that reliable and operational malaria case prediction models can be generated. Such multidisciplinary collaboration will also enable reliable malaria predictors and accurate hotspots of malaria transmission to be identified.^[30] In addition, a reliable and direct means of accessing and sharing information among the relevant stakeholders is of the utmost necessity.

Study limitations

The weakness of this study is that it attempted to develop a single model for the entire malarious area of KZN. Separate models for each of the district municipalities could provide an in-depth assessment of the malaria trends across the district, which in turn might help identify possible differences in the implementation of prevention measures, patients' seeking behaviours and migration of people. The structuring of our data and the mode of the forecasting (using monthly data and forecasting) may be responsible for the overestimated and underestimated monthly forecast observed. Conducting daily data analysis could result in improved model fit and daily forecasts, which could then be aggregated into weekly and monthly forecasts. The univariate analysis approach employed in this study could be another reason for the overestimated and underestimated forecasts. The incorporation of independent-variable

time series into the SARIMA model (multivariate SARIMA model) over a longer time frame could improve the model fit and the forecast if the exogenous factors responsible for trend, seasonality and outliers are incorporated into the model.

Conclusions

The SARIMA forecast model is a valuable tool that has the potential for malaria early warning and early detection in KZN, SA. It can provide reliable information to the relevant authority to act proactively, because the values of the malaria forecast from the best fit SARIMA (0,1,1)(0,1,1)₁₂ model fitted closely with the values of the reported malaria cases. Nevertheless, the practical application of the generated model is encouraged. Furthermore, studies that employ daily data and incorporate possible malaria transmission risk factors and confounders in multivariate time-series models are recommended.

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